

HEALTH SCREENING PACKAGE

Smoking Cessation Program



Ara Damansara
Medical Centre

Smoking Cessation Program

No.	Type of Tests and Package Information	Consultation by Health Screening Doctor
A.	Smoking Cessation Program Part 1	
1	Preliminary Screening (Biometric Assessment)	
a	Body Analysis: Height, Weight & Body Mass Index (BMI)	✓
b	Vital Signs: Blood Pressure, Heart Rate	✓
2	Consultation	
	Consultation by Health Screening Doctor	✓
	History Taking and Physical Examination	✓
	Post Examination Review and Interpretation of Test Reports	✓
3	Imaging, Cardiology & Respiratory Assessment	
	Low Dose CT Chest	✓
	ECG with Interpretation & Report	✓
	Lung Function Test	✓
4	Laboratory Test	
a	Full Blood Count	
b	Blood Grouping & Rhesus	✓
c	Lipid (Cholesterol) Profile	
d	Renal Function	
e	Thyroid Screening : Free T4	✓
f	Liver Profile	
g	Diabetes Screening: Fasting Blood Sugar	✓
h	Hepatitis Screening Profile	
i	Hepatitis A Antibody	✓
ii	HBsAg (Hepatitis B Antigen)	✓
iii	Anti Hbs (Hepatitis B Antibody)	✓
iv	Hepatitis C Antibody	✓
i	VDRL (Venereal Disease Reacher's Lab test)	✓
j	HIV Screening	✓
k	Inflammation Markers: Rheumatoid Factor (RF)	✓
I	<u>FLUID & EXCRETION</u>	
i	URINE FEME	✓
ii	MICROSCOPY RESULTS	
m	Tumor Markers: CARCINOEMBRYOGENIC ANTIGEN (CEA)	✓
5	Others	
	Diet Counselling	✓
	Medical Report	✓
	PART 1: Package Price Before Discount	RM 1,400.00
	PART 1: Package Price After Discount	RM 800.00

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B	Part 2 - Special Price Per Visit (up to Subsequence 3 Visits)	Consultation by Health Screening Doctor
1	Biometric Assessment	
a	Body Analysis: Height, Weight & Body Mass Index (BMI)	✓
b	Vital Signs: Blood Pressure, Heart Rate	✓
2	Consultation	
	Consultation by Health Screening Doctor	✓
	Diet Counselling	✓
	PART 2: Package Price Per follow-up Visit	Rm 150.00
	PART 2: Package Price Per follow-up Visit After Discount	RM 80.00

- Pre- Screening Preparation Protocols for Part 1
 - Fasting from 12midnight onwards before the health screening appointment day. Only plain water is allowed.
 - Female patients are to ensure that the menses is clear at least 10 days from the 1st day of menses.
 - Avoid caffeinated drinks (coffee or tea) the day before the health screening.
 - You are advised to bring along or wear sport attire and sport shoes for the treadmill test.
- Package price to be paid upfront for both Part 1 and Part 2.
- Kindly contact Health Screening Centre for appointment
Tel: 03 7839 9249 (office hours) or e- mail: admchsc@ramsaysimedarbyhealth.com